

In this issue >>>

- Summer Orientation Recap
- Corporate Cup
- Spotlight: Shining Bright
- Introducing Ourselves
- Upcoming Events



A Quarterly Insight into UTSA Academic Advising

UTSA Advising Chronicles



Summer Fun

Congrats to everyone for another awesome summer. Everyone did an amazing job! Summer orientation is now behind us and the fall semester has begun. We asked everyone what was some fun things they did this summer as well as the secrets to surviving a busy summer. Thanks to all who shared.

Travel with Family

Water Activities



Went to a wedding and maximized off days. Spa Days!

Have lunch with my team! Encouraging one another and taking a break during lunch helped me get through this summer orientation.

Listen to your favorite song to begin your day on a positive note!

2019 CORPORATE CUP



On the hot summer day of June 1st, UTSA faculty and staff participated in the 2019 San Antonio Corporate Cup. Several of our very own within the Academic Advising community participated and had fun in the sun representing UTSA. The UTSA Wellness Program organized the participation of all UTSA faculty and staff. Corporate Cup is an annual event filled with fitness events, charity drives, along with t-shirt and tailgating competitions against 90 other corporations found throughout our beloved city of San Antonio. The event is hosted by San Antonio Sports and many other sponsors at the University of Incarnate Word.

A strong team of about 120 members of our UTSA family represented us at Corporate Cup and competed in 13 events: The 5K Run, 3v3 Basketball, Golf Chipping, Dodgeball, Frisbee Toss, Tug of War, Football Throw, Corn Toss, Soccer, 4x50M Swim Relay, 4x100M Relay, Sack Race, and The 2K Walk. UTSA faculty and staff raised almost 800 pounds of food for the San Antonio Food Bank. A record high for UTSA! Thank you to those who participated!

We hope to see you at next year's Corporate Cup.





The Rowdy SPOTLIGHT

Shining Brightly For The World to See

This issue would like to spotlight Heather Shattuck from Life & Health Sciences Advising Center. Heather originally hails from the Adirondack Mountains of upstate New York, but her graduate degrees led her to Indiana University (IU) where she got her start in higher education nine years ago teaching a class in world music and another course for students on academic probation. This experience incited her passion for working with students and helping them reach their academic, professional, and personal goals.



Ultimately, teaching led her to her first academic advising position at IU before moving to Texas with her family in 2016. When Heather is not working, she loves to run, be outdoors, and is a mom to three amazing cats.

Director of Life and Health Science Advising, Claudia Trevino stated, "Heather Shattuck started as an Academic Advisor I in the LHSC Advising Center in 2016 and recently transitioned into the Academic Advisor IV position in 2019. Heather is an excellent role model for new and veteran advisors alike. She consistently strives to do the best that she can for her students, her coworkers, and for UTSA Advising. She is an excellent addition to the team. LHSC Academic Advising is glad to have her."

We would like to congratulate Heather on being this issue's Spotlight!

Bev Ostmo, academic advisor IV, was chosen to receive the College of Business Extra Mile Award. This award is open to staff members with three or more years of service who demonstrate extra effort in their accomplishments, willingness to help fellow employees and customer service. Ostmo has faithfully served Business Studies Advising for over 20 years, and during her tenure she has trained over 70 advisors. Bev gives 110 percent to her students to ensure that they are treated fairly, while still abiding by UTSA rules and procedures.



New Runners on the Block

Welcome to the Team!

- ✧ Nick DeGraw (Academic Advisor I) – Business Studies
- ✧ Caitlin Gaitan (Academic Advisor I) – Life & Health Sciences
- ✧ Kelsey Nelson (Academic Advisor I) – Social Sciences
- ✧ Shannon Rios (Academic Advisor III) – Social Sciences
- ✧ Renee Rodriguez (Academic Advisor I) – Life & Health Sciences
- ✧ Sara Tate (Academic Advisor I) – Business Studies
- ✧ Genesis Valdez (Academic Advisor I) – Life & Health Sciences
- ✧ Kara Wright (Academic Advisor I) – Business Studies
- ✧ Christi Zuber (Academic Advisor I) – Business Studies



Kudos Corner



- ♥ Albert E. Lopez - Always going the extra mile to encourage students to do their best!
Thanks for all the hard work you do!
- ♥ Julie Fisher was calm, cool, and collected throughout orientation, even though she was bombarded with students some days.
- ♥ Congratulations to Jason Trevino who has been elected to Staff Council!
- ♥ Congratulations to Michael Segura for being elected TEXAAN South Region Chair!
- ♥ I would like to give a shout-out to the Business Studies Advising Center staff for welcoming me back into the advising community! I have received great training, invaluable feedback, and a welcoming environment that will be difficult to leave when I transition to SOSC.
- ♥ Shout out to Erika Olvera for recommending to students the Construction Science and Management major. You are not only helping students find the best major fit for them, the major they didn't know they wanted, but you are also helping grow a program.

TRiO SSS: Providing Support for Students

Student Support Services (SSS) is a TRiO program at UTSA that aims to support first-generation, income eligible, and students with a documented disability. Formerly, the SSS program was housed under The Institute for P-20 Initiatives. Due to recent University restructure changes, TRiO SSS is now in alignment with the Division of Student Success at UTSA. With this transition, SSS students will achieve higher college retention and graduation rates. Through this program, participants are also provided with resources such as academic tutoring, economic literacy, and scholarship assistance. These services will help students achieve success throughout their undergraduate education. TRiO participants are required to complete the 3-2-1 component of the program. The 3-2-1 component consists of three advising meetings, attending two workshops held by either a TRiO Ambassador or other external organizations, along with attending the biannual Big Event. Requiring the 3-2-1 component has helped SSS obtain greater student engagement within the TRiO program and higher academic success rates as well.



Jaz Burgess (Left), John Bonner (Center), Bethany Mayott (Right)

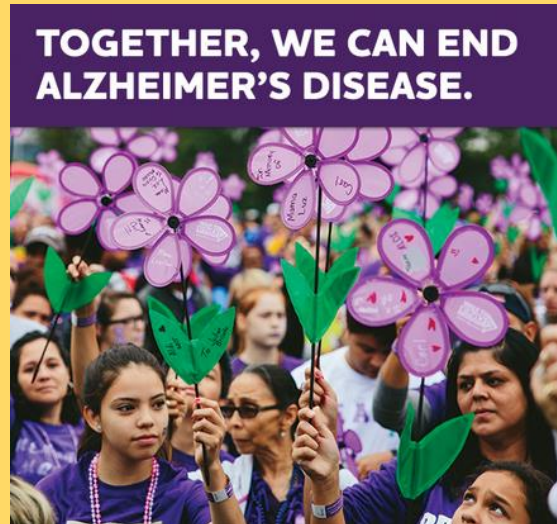
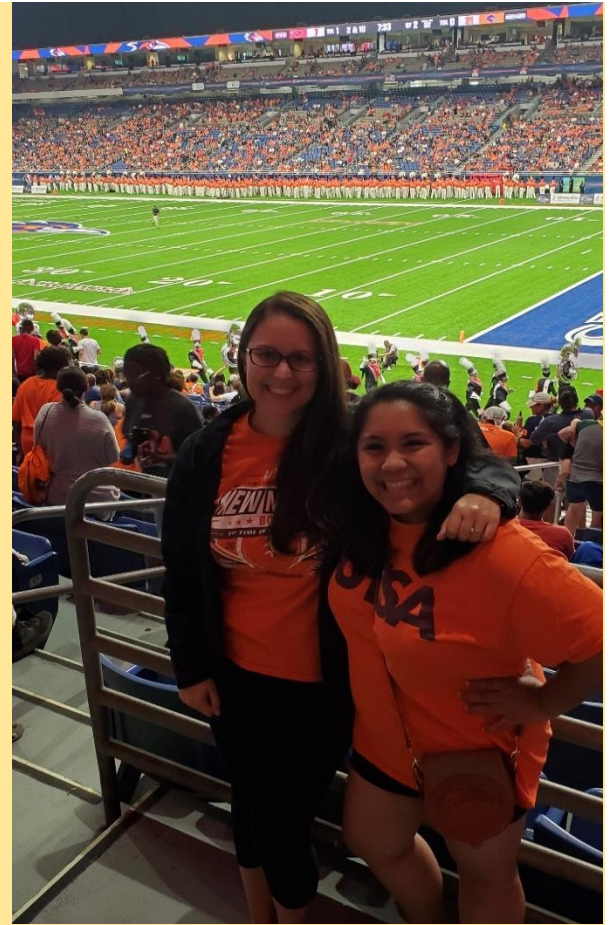
TRiO SSS also aims to provide participants with memorable experiences while attending UTSA such as; graduate school trips, various social events, and the opportunity to donate perishable items to the UTSA Food Pantry as a service project. Within the SSS program, students have the opportunity to gain leadership skills by representing TRiO as an Ambassador. This organization currently consists of fifteen student leaders which are placed under one of the following focus groups for the program: Social Media, Social Events, and Volunteer Service. In the near future, two of our team members will be presenting at The Council for Opportunity in Education's National Conference to speak in further detail about the TRiO SSS Ambassador Program. As for our staff team, it consists of our Project Director, John Bonner, and our Student Development Specialists, Jaz Burgess and Bethany Mayott. Overall, with the hard work from our staff and student leaders TRiO SSS is able to assist students throughout their undergraduate education to grow, succeed, and graduate.



Football Season has begun...

If you are looking for something fun to do, UTSA's football games are an exciting adventure. On August 31st, our Roadrunners took on the Incarnate Word Cardinals. Our Runners ran down the Cardinals winning with a score of 35-7. Great opening day and a fun day to hang out with friends. Ellie McPherson (Arts & Humanities) and Jade Martinez (COLFA) attended the UIW game. Spectators can tailgate or hang out at local sports bars to cheer on our team. You can find the latest game information on the link below. If you attend the games, please feel free to share any pictures to be included in possible upcoming newsletters.

<https://goutsa.com/mobile/schedule.aspx?schedule=181>



2019 Walk to End Alzheimer's

Please join the Advising Research Commission (ARC) in participating in the 2019 Alzheimer's Walk on Saturday, October 19th at Palo Alto College. This is such a great cause which is also a family friendly event so feel free to bring the family as well as the family pet as dogs are also welcome. ARC currently has a team participating in the walk. We would love for you to join the "Rowdy Crew". If you are interested please [click here](#) to register. If you have any questions please contact Ellie McPherson (eleonor.mcpherson@utsa.edu).



First meeting October 15th

12:15 to 12:50 – Oak Room



Come out and join us for a new season of the 'Mistle Tones' to spread some Holiday Cheer. Everyone who likes to sing is welcome, no perfect pitch needed. Practice times are scheduled on Tuesdays during lunch for 30 minutes. In December, after finals, we will visit several locations on the Main and Downtown Campus to spread some holiday cheer.

John Bonner & Sylvia Mansour are looking forward to another fun Mistle Tones season

2019 NACADA Annual Conference in Louisville, KY

The 2019 NACADA Annual Conference will be held on October 20-23 in Louisville, Kentucky.

This year's theme is "In Their Corner: Advising Students to be the GREATEST!".

UTSA will be represented by

Angie Barrera, Temple Carter, Caitie Dyer, Sabina Kapoor, Jackie Loden, Sylvia Mansour, Ellie McPherson, Erika Olvera, Susie Saucedo, Barbara Smith, and Miranda Swain.



Keep an eye out in the next issue for photos and an overview of the conference with our talented presenters.



Comic Corner



**KEEP CALM
AND CALL
your
ACADEMIC
ADVISOR**

Alternate University



Two months ago...



If you have self sealing laminate paper in your office, use it for your core curriculum, degree plans, or lists, so you can use an erasable marker. This saves paper and has continued use after the student leaves! Orientation was breeze with this tip!



If something like a best practice is working for you, share with the rest of advising so we can become more consistent with our practices and trying new things.

I think it's great to get connected with student organizations related to your liaisonship.

Make time to step away, even if that is just 5 minutes of stretching or walking around not thinking about work

Final thoughts...



Don't Forget >>>

- Let your voice be heard about the content you want to see in the next issue of the UTSA Advising Chronicles. Keep an eye out for the next survey.
- Share your photos of upcoming events such as NACADA, The Mistle Tones, Halloween, etc.



Upcoming Meetings >>>

The Fall 2019 "To Be Named" Monthly Meetings will be:

- ❖ October 9, 2019 - Student Union 2.01.28 (Denman Room) from 2pm - 4pm
- ❖ November 13, 2019 - Student Union 2.01.28 (Denman Room) from 10am - 12pm

coming soon >>>

In The Next Issue...

- *Spotlight: Where will it land next?*
- *NACADA 2019*
- *Introducing Ourselves*
- *What are we Thankful for?*

ARC Communications Committee

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If you have content you want to add or discuss for future issues, please contact Tamala D. Boyd and Cherie Frost.