

Take a break from the DOG DAYS of FINALS...

Stress **Down** Day



Wednesday

December 7, 2016

3-6 pm @ the Rec

Brought to you by:
Tomás Rivera Center, Student
Health Services, Campus
Recreation, UTSA Libraries,
Counseling Services, UTSA Dining,
& the University Center

Join us for:
Chair Massages, Bubble Blowing,
Funky Pencils, DIY Buttons,
DIY Stress Balls, Hula Hoop
Contest, Mandala Coloring,
& lots more!