

# *Coping on the Fly: A Series for Spring 2021*

Great discussions continue this spring with Mary McNaughton-Cassill, Professor of Psychology and Donna Edmondson, University Ombuds. They are providing five 30-minute interactive webinars. Topics include bridge building, stigmas, team building, staying engaged at work and our shared experiences.

## **#1: *Building Bridges:***

### ***Listening & Understanding during Polarized Times***

– Date: February 11, 2021

## **#2: *Don't Give into the Dark Side:***

### ***Viral Stigma & Vaccine Envy***

– Date: February 25, 2021

## **#3: *Priorities? Boundaries? Team Building with Kids***

Date: March 18, 2021

## **#4: *Who IS Responsible for Making Your Job Engaging?***

Date: April 1, 2021

## **#5: *Our Shared Experience***

Date: April 15, 2021

Each webinar will have a 10-minute presentation, with a 15-minute discussion, Q&A, or training. Participants may join the discussion by visiting <https://www.utsa.edu/ombuds/> or <https://www.utsa.edu/inclusiveexcellence/>, Spotlights.

***Always on Thursdays from 11:30 – Noon***

**<https://utsa.zoom.us/j/98626834304>**