

Foam Rolling

Main Campus 12-1pm

Downtown Campus 12-1pm

June 24th

@BSE 2.102

July 22nd

@BSE 2.102

August 19th

@BSE 2.102

June 10th

@DB 1.208

July 8th

@BVB 1.338

August 5th

@DB 1.208

Join us in a short session of muscle recovery and pain relief!

We have 20 foam rollers available on a first come first serve basis.

