



NDT 4943 Foundations of Maternal & Child Health and Nutrition

Be part of the solution!

Sometimes it is the simple things that matter most.

Course overview: 3 Credit Hours. This course is an introduction to the historical perspective of maternal and child health with an emphasis on nutritional recommendations during preconception, pregnancy, lactation, early infancy, and childhood. Students will gain an understanding of the federal programs that support women, infants, and children and explore career opportunities.

Prerequisite requirement: NDT 2043 or BIO 2043 or equivalent

Explore career opportunities as a lactation consultant!



Sign up today!

Open to all majors. Course can be taken as a stand -alone elective or towards the 15- Hour Certificate in Nutrition for Health Professionals.

Course is taught by a Registered, Licensed Dietitian!



For more information visit, <https://hcap.utsa.edu/nutrition-and-dietetics/>