

# Stress **DOWN** Day

**You look a  
little  
STRESSED**



**We have dogs  
for that...**

**We also have:**  
Aromatherapy,  
Bubble Blowing  
Chair Massages,  
Funky Pencils,  
DIY Buttons,  
DIY Stress Balls,  
Pictures with ROWDY,  
Mandala Coloring,  
& lots more!

Brought to you by:

Tomás Rivera Center, Student Health Services,  
UTSA Libraries, Counseling Services, Campus  
Recreation, UTSA Dining, Academic Advising  
Council, University Center

**April 26, 2016**

**3-6 pm @ the Rec**

Special thanks to Jason's Deli & the Student  
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