



Increasing Heat Risk Friday – Holiday Weekend

Important Forecast Changes

- ✓ Dangerous heat builds Friday through the holiday weekend

NEW

Key Messages

- ✓ Those spending extended time outdoors and not acclimated to the early season heat could be susceptible to heat related illness if not taking proper heat precautions
 - Drink plenty of water, take frequent breaks out of the sun, and check up on relatives and neighbors.
 - Limit strenuous activities to early morning or evening and know the symptoms of heat exhaustion and heat stroke.
 - Never leave young children or pets unattended in vehicles.
- ✓ Visit [NWS Heat Risk](#) for impact forecast
- ✓ Visit [Heat.gov](#) for one-stop hub on heat and health

Maximum Heat Index Forecast

	5/21	5/22	5/23	5/24	5/25	5/26	5/27	5/28
	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue
Austin	102	100	101	107	110	110	106	100
Cuero	102	102	101	105	106	109	110	106
Del Rio	107	107	104	104	108	104	108	108
Eagle Pass	107	109	109	106	113	106	111	109
Gonzales	105	102	101	106	108	110	110	105
Kerrville	99	97	97	101	104	99	101	97
La Grange	102	102	100	103	106	109	109	101
Llano	102	99	100	104	107	101	102	96
New Braunfels	105	102	102	107	111	113	111	106
Pleasanton	107	104	104	110	113	112	110	107
Rocksprings	98	98	95	97	101	96	99	95
San Antonio	105	103	104	109	112	110	109	104
San Marcos	103	101	100	106	110	109	107	101
Uvalde	108	106	105	107	112	107	111	107

*Table values in °F



Heat Safety Graphics

Heat can escalate quickly.

Warm temperatures can quickly become dangerous. Heat is one of the most deadly weather hazards — don't underestimate it.



NEVER leave people or pets alone in a closed car



Drink plenty of water, even if you don't feel thirsty



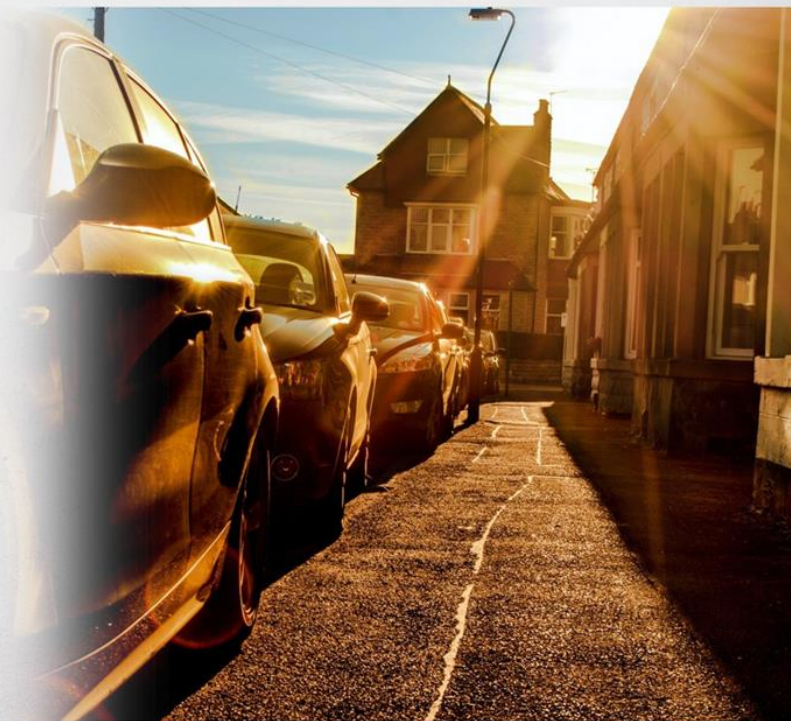
Wear loose-fitting, light-colored clothing



Spend time in air conditioning and in the shade



weather.gov



Heat Impacts: Vulnerable Populations



PREGNANT



NEWBORNS



CHILDREN



ELDERLY



CHRONIC ILLNESS

Everyone is at risk from the dangers of extreme heat, but these groups are more vulnerable than most. Age and certain conditions make the body less able to regulate temperature.



NEVER leave anyone alone in a closed car



Use air conditioners and stay in the shade



Drink plenty of water, even if not thirsty



Wear loose-fitting, light-colored clothing





Low Risk for Isolated Severe Storms Today and Wednesday

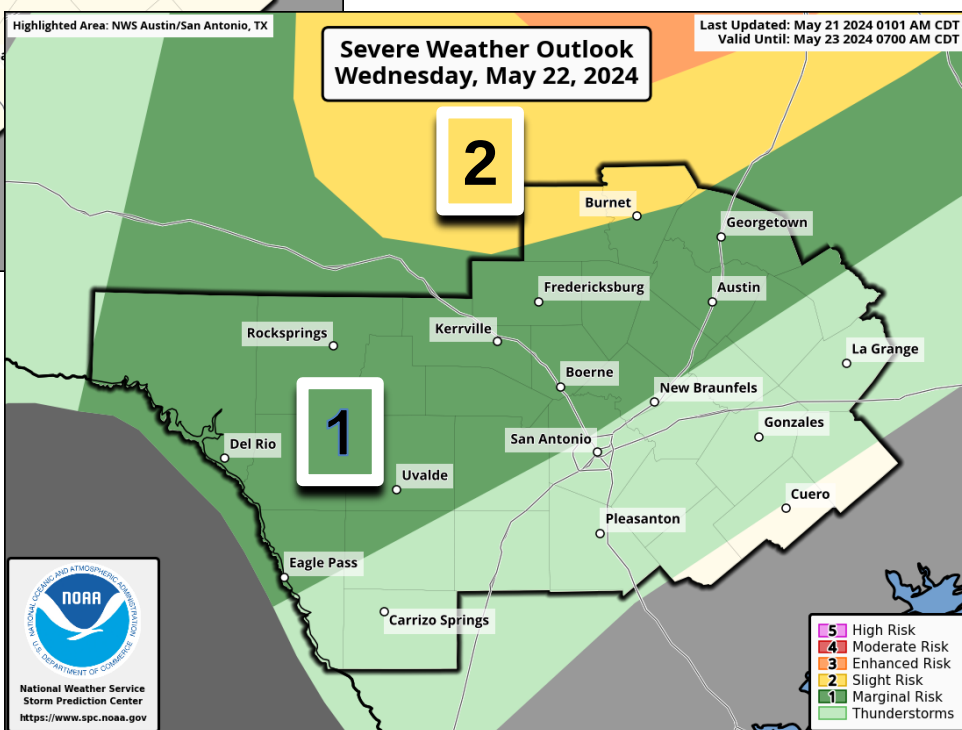
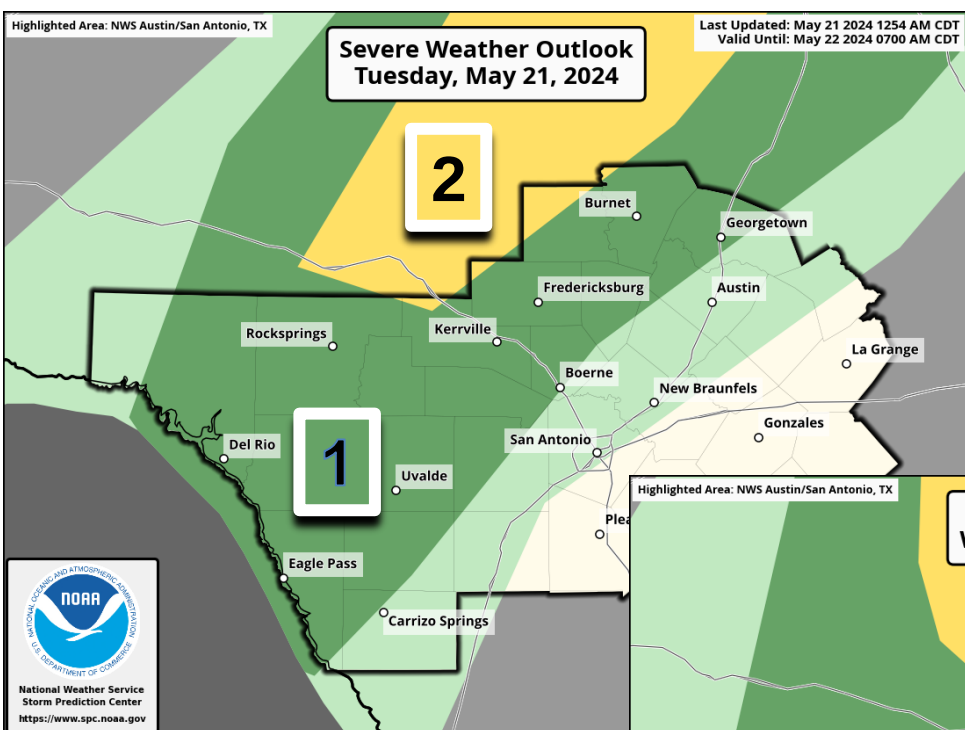
Important Forecast Changes

NEW

- Level 1 to 2 out of 5 risk for severe storms late afternoon and evening today and Wednesday across portions of central Texas, the Hill Country, southern Edwards Plateau, and Rio Grande

Key Messages

- ✓ Timing window for isolated severe storms today and Wednesday: 5 PM to 12 AM
- ✓ Coverage of storms is expected to be isolated
- ✓ Primary threats with any severe storms is large hail and damaging wind gusts



Severe Thunderstorm Risk