

THE DEPARTMENT OF COUNSELING

“Improving school-based counseling services for diverse urban youth: Leadership driven groups vs traditional anger management”



Faculty Candidate
Department of Counseling

Dr. Isaac Burt

February 21, 2023

10:15 AM

Zoom: <https://utsa.zoom.us/j/94315401247>

Room FS 3.412

Dr. Burt is an Associate Professor who received his Ph.D. from the University of Central Florida in Counselor Education. He has twenty years' experience in schools, mental health agencies, and community centers, which included counseling international populations from the Caribbean, Africa, Latin America, and Bosnia, as well as multicultural clients born in the United States, specifically Black, Indigenous, and people of color (BIPOC), and LGBTQBT+. He has an interest in groupwork and social justice for historically marginalized populations, culturally sensitive treatments, and integrating neuroscience concepts such as flow state with multiculturalism.

Dr. Burt has numerous publications that explore how counselor educators and counselors alike should rethink policies and approaches when providing therapy to multicultural populations. Specifically, he has thirty peer-reviewed publications, with twenty-two as first author in some of the flagship/top tier journals in counselor education. Dr. Burt also has over sixty presentations on the international and national level.

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